



Great Plains Athletic Conference

BRIAR CLIFF CONCORDIA DAKOTA WESLEYAN DANA DOANE DORDT HASTINGS MIDLAND LUTHERAN
MORNINGSIDE MOUNT MARTY NEBRASKA WESLEYAN NORTHWESTERN SIOUX FALLS

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TO: Select Nebraska, South Dakota & Iowa Media

FR: Corey Westra, GPAC Commissioner

RE: GPAC Volleyball All-Conference

RELEASE DATE: Wednesday, November 18, 2009

GPAC Volleyball All-Conference Team Announced for 2009

(Sioux City, Iowa) – The 2009 Great Plains Athletic Conference (GPAC) Volleyball All-Conference Team has been selected. Randa Hulstein from Northwestern was the selected as the Hauff Mid-America Sports/GPAC Player-of-the-Year. Kyle Van Den Bosch from Northwestern was named the Hauff Mid-America Sports/GPAC Coach-of-the-Year. Northwestern was the regular season champion for 2009 with a 16-0 league record. The GPAC All-Conference teams were selected by the league coaches.

GPAC Volleyball First Team 2009

<u>Name</u>	<u>Position</u>	<u>School</u>	<u>Class</u>	<u>Hometown</u>
Randa Hulstein	Middle Hitter	Northwestern	Sr.	Sioux Center, Iowa
Kaitlin Beaver	Setter	Northwestern	Jr.	Sioux Center, Iowa
Hillary Hanno	Outside Hitter	Northwestern	Jr.	Sioux City, Iowa
Susan Rollman	Middle Hitter	Doane	Fr.	Humphrey, Neb.
Jessica Tjaden	Setter	Morningside	Sr.	Julesburg, Colo.
Jamie Vander Kooi	Outside Hitter	Morningside	Sr.	Hinton, Iowa
Dorinda Hibma	Libero	Dordt	Sr.	Sioux Center, Iowa
Jessy Livers	Outside Hitter	Doane	Sr.	Lincoln, Neb.
Emily Christen	Middle Hitter	Morningside	Sr.	Anselmo, Neb.
Ivie Speer	Right Side	Doane	Sr.	Central City, Neb.
Kendra Schwein	Outside Hitter	Hastings	Fr.	Highlands Ranch, Colo.
Laura Brammeier	Outside Hitter	Nebraska Wesleyan	Jr.	Lincoln, Neb.
Alex Anstine	Outside Hitter	Briar Cliff	Sr.	Hastings, Neb.
Kendra Potgeter	Middle Hitter	Dordt	Jr.	Byron Center, Mich.
Melynn Kessler	Libero	Hastings	Sr.	Bellevue, Neb.

Hauff Mid-America Sports/GPAC Volleyball Player-of-the-Year:

Randa Hulstein, Northwestern

Hauff Mid-America Sports/GPAC Volleyball Coach-of-the-Year:

Kyle Van Den Bosch, Northwestern

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GPAC Volleyball Second Team 2009

<u>Name</u>	<u>Position</u>	<u>School</u>	<u>Class</u>	<u>Hometown</u>
Rylee Hulstein	Outside Hitter	Northwestern	So.	Sioux Center, Iowa
Kelsey Wells	Middle Hitter	Hastings	Jr.	Axtell, Neb.
Kali Brayfield	Middle Hitter	Dana	Sr.	Elkhorn, Neb.
Dani Hoagland	Middle Hitter	Concordia	Sr.	Rushville, Neb.
Ashley Jedlicka	Setter	Nebraska Wesleyan	So.	Schuyler, Neb.
Emily Schwisow	Libero	Doane	Sr.	Beatrice, Neb.
Leah Dostal	Right Side	Hastings	So.	Atkinson, Neb.
Rachel Heeney	Libero	Sioux Falls	Jr.	S. Sioux City, Neb.
Bobbi Jean Rich	Middle Hitter	Northwestern	Jr.	Tilden, Neb.
Gerri Heimann	Middle Hitter	Briar Cliff	Sr.	West Point, Neb.
Jana Van Zanten	Outside Hitter	Dordt	Fr.	Pella, Iowa
Ashley Kley	Outside Hitter	Dakota Wesleyan	Jr.	LaPorte, Tex.
Liz Sutherland	Middle Hitter	Morningside	So.	Sioux City, Iowa
Erin Shanahan	Libero	Dana	Jr.	Omaha, Neb.

Honorable Mention

Briar Cliff – Samantha Bock

Concordia – Chelsea Vaudt

Dakota Wesleyan – Carina Fesenmaier

Dana – Megan Higgins

Doane – Heather Davison

Dordt – Danae Geels

Hastings – Haley Beardsley

Midland Lutheran – Brittany Putnam, Haley Wewel

Morningside – Amanda Nelson

Mount Marty – Carly Benson

Nebraska Wesleyan – Elise Schmid, Brittany Barber

Northwestern – Janna Bloemendaal

Sioux Falls – Danielle Roers

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