

Name _____ ID# _____	REQUIREMENTS FOR BACHELOR OF ARTS DAKOTA WESLEYAN UNIVERSITY		Sport, Exercise and Wellness <i>2011-2012 Catalog College of Healthcare Fitness and Sciences</i>	
	Semester Hours	125	Minimum Cumulative GPA	2.00
Upper Level Credits	42	Major Credit Hours	50	
Basic English Proficiency Exam		General Education Cum. GPA	2.00	
Personal Electronic Portfolio		Minor Cr. Hours		
GENERAL EDUCATION REQUIREMENTS-PILLARS		MAJOR		
Courses for fulfillment of General Education requirements must be from the approved General Education course list published in the Dakota Wesleyan University catalog.		Grades of NC, CR, or below a C- are not acceptable for a major.		
		Students must declare one major and one minor. Students may elect to earn two majors. No course may count for both a major and a minor or both majors. Grades of NC, CR, or below a C- are not acceptable for a major or a minor.		

Learn Strong		
LST101 Learn Strong I	1	
LST201 Learn Strong II	.5	
LST301 Learn Strong III	.5	
LST401 Learn Strong IV	1	
Core – Interdisciplinary		
COR101 Interdisciplinary Investigations I	3	
COR301 Interdisciplinary Investigations II	3	
Critical & Collaborative Thinking		
Cognitive Analysis PHL212, PSY131, PSY237	3	
Quantitative Reasoning MTH115, MTH125, MTH200, MTH210	3	
Historical Thinking & Analysis HIS101, HIS102, HIS201, HIS202, HIS302*, HIS/POL351*	3	
Science Technology & Human Experience AST100, BIO101, BIO115, BIO120, BIO330*, CHM150, PHS100, PHS101	8	
Effective Expression		
Written ENG111	3	
Oral CTH101	3	
Literary Analysis or Artistic Appreciation DRM131, DRM203, ENG205, ENG206, ENG221, ENG222, ENG227, ENG228, ENG314, ENG202, GDS101, GDS120, GDS205, MUS120	3	
Cultural and Global Awareness		
DRM369*, EDU335*, ENG201, ENG315*, LAN105, LAN115, MUS250, REL314*, REL461*, SOC152, SOC227/427*, SOC317*	3	
Civic Values & Engagement		
BUS/PHL381*, CRJ250, PHL220, PHL305*, POL153, PSL210, REL240	3	
Personal Growth & Maturity		
PHL101, REL201, REL215, REL216, REL225, REL360*, REL370*, SOC154	3	

Major Requirements			
SPX140	Introduction to Sports, Exercise and Wellness	2	
SPM211	Prevention & Care of Athletic Injuries	2	
SPX240	Methods of Free Weights and Conditioning	3	
SPX310	Motor Learning & Control	3	
SPX315	Kinesiology	3	
SPX320	Exercise in Selected Populations	3	
SPX345	Organization and Administration of Physical Education	3	
SPX362	Psychological Dynamics of Sport	3	
SPX410	Physiology of Exercise	3	
SPX450	Internship	6-12	
ATN305	Evaluation & Prescription of Health & Fitness Program	3	
ATN320	Human Nutrition	3	
BIO220	Anatomy & Physiology I	4	
BIO330	Anatomy & Physiology II	4	
HLT210	First Aid and CPR	2	
MTH200	Statistical Methods I	3	
Encouraged Electives:			
SOC350	Adjustment to Aging	3	
SPM386	Sports Agency	3	

*with faculty approval

