

COLLEGE YEAR 1

- Talk with an academic adviser about selecting fall semester courses.
- Meet Dr. Mazzer: introduce yourself, discuss class sequencing, and learn about resources for pre-health students.
- Attend the CHAOS and MCAT group meetings, and make sure you are on email lists to get relevant updates and information.
- Seek opportunities to volunteer, shadow a doctor, or identify research opportunities on campus.
- Develop relationships with faculty, advisers, and mentors on campus.
- Apply to summer enrichment programs (<http://services.aamc.org/summerprograms/>) or research programs (www.aamc.org/members/great/61052/great_summerlinks.html).
- Complete first year premedical coursework and other degree requirements.

SUMMER FOLLOWING COLLEGE YEAR 1

- Work or volunteer in a medical field; consider internships, research and leadership opportunities on campus.
- **Keep a journal about your experiences to use later for essays and interviews!**
- Take summer courses if desired or necessary.

COLLEGE YEAR 2

- Check in with Dr. Mazzer; attend all pre-health meetings, and make sure you're still on email lists for updates.
- Pursue meaningful clinical experience, medically related activities, volunteer work, research and/or leadership roles.
- Continue to develop relationships with faculty, advisers, and mentors on your campus.
- Apply for summer research, internship or enrichment programs, such as the Summer Medical and Dental Education Program (www.smddep.org).
- Complete second year premedical coursework and other degree requirements.

SUMMER FOLLOWING COLLEGE YEAR 2

- Work or volunteer in the medical field or do internships, research, or explore leadership opportunities.
- Take summer courses if desired or necessary.
- Investigate:
 - The medical school application process (www.aamc.org/students/applying/).
 - Medical College Admission Test (MCAT) (www.aamc.org/mcat).
 - Fee Assistance Program (FAP) (www.aamc.org/fap).

COLLEGE YEAR 3

- By this time, you should be actively participating in pre-health activities.
- Identify and pursue leadership opportunities within CHAOS and the MCAT Group.
- Consider which faculty, advisers, and mentors you will approach for letters of recommendation.
- Continue your participation in meaningful clinical experiences, other medically related activities, volunteer, work, research, and/or leadership roles on campus. If possible, consider taking on a more substantial role.
- Investigate:
 - Medical schools in the U.S. and Canada (<https://services.aamc.org/30/msar/home>).
 - Minorities in Medicine to get information on groups underrepresented in medicine. (www.aamc.org/students/minorities/).
 - Research medical school curricula and joint, dual, and combined-degree programs.
- Meet with Dr. Mazzer to:
 - Strategize your application timeline.
 - Discuss your schedule for completing remaining premedical coursework.
 - Identify the best time for you to take the MCAT exam.
- If you are prepared and ready, register for and take the MCAT exam—test dates and locations are at the AAMC MCAT website (www.aamc.org/mcat).
- If you are considering a gap year, investigate a meaningful medical-related experience for that time.

COLLEGE YEAR 3 (continued)

- Familiarize yourself with medical school application services:
 - American Medical College Application Service (AMCAS) (www.aamc.org/students/applying/amcas/).
 - Texas Medical and Dental Schools Application Service (TMDSAS) (www.utsystem.edu/).
- Complete third-year premedical coursework and other degree requirements.

SUMMER FOLLOWING COLLEGE YEAR 3

- Continue your involvement with meaningful, medical-related internships, research, and leadership.
- If applying to begin medical school following your senior year:
 - Complete AMCAS application.
 - Work on secondary applications.
 - Ask instructors, mentors and advisers to write letters of recommendation for you.
- When you are prepared and ready, sign up to take the MCAT exam (if you haven't already).

COLLEGE YEAR 4

- You should still be regularly consulting with Dr. Mazzer to review your medical education options, such as a post baccalaureate premedical program (<http://services.aamc.org/postbac/>), and discuss the status of your application.
- Continue clinical experiences, other medically related activities, volunteer work, research and/or leadership experiences.
- If necessary, when you are prepared and ready, sign up to take the MCAT exam.
- Become familiar with Application and Acceptance Protocols – Applicants (www.aamc.org/students/applying/recommendations/380672/trafficrulesforapplicants-2015amcas.html).
- If applying for enrollment immediately following senior year:
 - Complete supplementary application materials for schools to which you have applied.
 - Prepare for your interviews and campus visits at medical schools.
 - Receive acceptances!
 - Make interim and final decisions about your medical school choice.
 - Notify medical schools that you will not be attending on or before the deadline given.
 - Ensure that all IRS and financial aid forms are completed and submitted as early as possible.
- Complete degree requirements and graduate from DWU.

SUMMER FOLLOWING Graduation

- If enrolling immediately following senior year:
 - Purchase books and equipment, and make appropriate living arrangements.
 - Attend orientation programs and matriculate into medical school.
- If applying for enrollment following a gap year(s):
 - Complete AMCAS application and secondary applications.
 - Ask instructors, mentors, and advisors to write *new* letters of recommendation for you.

Gap Year(s)

- Seek meaningful employment, education and/or experience.
- Pay down credit card and/or undergraduate debt as much as possible.
- Continue to consult regularly with Dr. Mazzer throughout the process.
- Complete supplementary application materials for schools to which you have applied.
- Interview and take campus tours at medical schools.
- Become familiar with *Application and Acceptance Protocols – Applicants* (www.aamc.org/students/applying/recommendations/380672/trafficrulesforapplicants-2015amcas.html).

Once Accepted into Medical School

- Make interim and final decisions about medical school choice.
- Notify medical schools that you will not be attending on or before the deadline given.
- Ensure that all IRS and financial aid forms are completed and submitted as early as possible.
- Purchase books and equipment, and make appropriate living arrangements.
- Attend orientation programs and matriculate into medical school.

DWU Timeline for Application/Admission to Medical School